

# **Mind Control 101**

**How To Influence the Thoughts  
and Actions of Others Without  
Them Knowing or Caring**

**By**

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### ***Dedication.***

*To my faithful djinn, familiar and constant companion, Dantalion, the 71<sup>st</sup> spirit of the Goetia, “His Office is to teach all Arts and Sciences unto any; and to declare the Secret Counsel of any one; for he knoweth the Thoughts of all Men and Women, and can change them at his Will. He can cause Love, and show the Similitude of any person, and show the same by a Vision, let them be in what part of the World they Will.”*

*Also to Robert Greene who read over 1,000 books for me so that I might learn the spiritualize everything and treat life like a glorious campaign.*

# Introduction

Why in the world would someone write a book on mind control?

More specifically, why would someone write a book on how to use mind control as if it's a great and wonderful thing to “fuck with peoples heads”?

The answer is that as much as we try to elevate ourselves above being human animals we are, in fact, animals. We are subject to the wants and desires of any being with a genetic make up and vertebrae. To rise above that is an admirable aspiration and one that I encourage anyone take on as a worthy spiritual endeavor.

But to deny that we are, truly, animals is to lie to ourselves. We must interact in a social environment and deal with people who may not be so enlightened and spiritually advanced as us. They may desire what we have and be secretly filled with envy and contempt. The worst event is to have these suspicions fulfilled and then be pulled down into the politics of man.

In this event what are the options? Do we deny that it's happening and hope others will be touched by our honesty and good will enough to change? Or do we drop our highest spiritual ideals and play their game?

I would like to suggest a radically different strategy. Take the game of manipulation and mind control and make it a part of your spirituality.

By doing so, we neither deny manipulation and mind control nor do we surrender to it. Instead we embrace it and see it for what it is; a tool for our growth.

What I describe is the spiritual life of the warrior who embraces life and sees every battle as an expression of life, not death. To this warrior every moment is a chance to live fully and aspire

while walking in the world yet guided by something higher.

If you are so bold and fearless to embrace mind control in this manner every interaction is lifted above the mundane and worldly and becomes a vehicle for your spirituality. You will be lifted and remain untouched even amid the most vulgar of human politics. Your war will be your temple.

You should be warned. As you read this there is nothing that will be withheld. Like the warrior there are many unpleasant things that you must learn about this life you choose. While you are obligated to learn these secrets you are not obligated to use them.

I bid you to walk fearlessly. Face your demons and laugh at them. Make them your servants and walk untouched.

# What is Mind Control?

Mind Control. When you hear those words a myriad of images may come to mind. You might envision a devious man using the power of his mind and will to dominate the actions of some unsuspecting and innocent women.

You may think of some clandestine cabal of world leaders secretly planning the to next steps of toward a unified world economy.

Or perhaps you see the a cult leader (one of my favorite images) with a gathering of loyal followers ready to hear every word.

It's not likely you have in mind a loving parent reading to his children or an Alcoholics Anonymous meeting helping it's members live a decent life of sobriety.

It's also unlikely that, as you stand in your favorite church of worship, you'll recognize the grasp that mind control has on you.

Or as you sit with your psychiatrist you are unlikely to be aware of the subtle acts of mind control that are being used on you.

But it's there.

And for the sake of this book, any attempt to bring about a change in your thoughts and feelings, and therefore your actions, is an act of mind control.

That may sound shocking because most people see mind control as a bad thing done by bad people. So let me make it clear; the intention and motives of the controller are not relevant to this discussion. The controller may be motivated by the most altruistic ideals or may only want your money.

This book will attempt to uncover the methods of *how* those thoughts and feelings are instilled to bring about the controllers outcome.

To make a distinction mind control differs from the vulgar

actions and tactics of coercion. Coercion is when all a controller wants is to have someone take a specific action and has no concern for their motivation. Threats, guilt and humiliation will usually do the job. But coercion lacks any form of grace or elegance.

Coercion cares nothing about the thoughts and feelings of the people being coerced. This is the major difference between coercion and mind control.

Because many so-called cults use coercion to get compliance with their subjects the topic will be discussed but it's the goal of this book to aspire to something higher, namely mind control and in the next chapter in this book will cover the various models of mind control.

The difference between mind control and persuasion is subtle but important. Consider that all power is in a hierarchy of one form or another. Each level up one controls more and more power. Persuasion starts at the bottom, while mind control seeks to control the top of the pyramid. As an example persuasion seeks to sell a widget and overcome the buyers tendency to say "I have to ask my wife". Mind Control, on the other hand, seeks to make the thought of not owning the widget blasphemous and unnatural.

It's a good idea to remember that true mind control is difficult and unnatural because it requires the controller to think above the present short term and think beyond mere appearances. The majority of the world responds to what they see and reacts to it by thinking in terms of the tactics that will get them what they want. Mind control, true quality mind control, requires thinking in terms of strategy. Thinking far enough ahead so that your real desire is hidden and still your outcome is achieved.

No simple task.

It requires knowing how people think and respond and a knowledge of the individuals personal impulses and weaknesses.

Most importantly it requires knowing yourself and being able to control your impulses to react. Your goals, your highest ambitions, must be held secret and every action measured by how close it brings you to your goal.

One way of distinguishing how people think are in terms of serial, linear and non-linear thinking.

Serial thinking is the act of thinking and responding in an automatic fashion. Serial thinking is a result of our evolution and is quite useful. By simply reacting to the situation at the moment it prevents us from having to think too much. It is also how sheep are lead to slaughter.

Linear thinking is a step up and requires forethought and the ability to predict in some way the consequences of actions and various paths that lead to our goals and desires. For the average chess player the game is an excellent example of how to stretch linear thinking to it's limits.

Non-linear thinking does not stop at the chess board. At it's pentacle it incorporates all dimensions of space and time. While a linear thinking chess player may aim to win each game and become a world champion, the non-linear player will be able to see how losing a game will position them to play an opponent that will be easier to beat and give themselves and the game greater publicity. A non-linear thinking player may even see so far ahead, knowing their own limitations and limitations of the game, that at one point they will stage a huge outburst promising to never play the game again and garner exposure for one of their other ambitious projects.

The art of mind control is more than just responding to the situation (serial thinking) or having a structured plan to get your outcome (linear thinking). It is the ability to be fluid when responding to a fluid environment. You must know your goal, you must know your yourself, you must know your environment, and you must know the people you influence in every way possible. And you must do it all while outwardly appearing to be like everyone else around you.

This is no easy task but it is worthy of your efforts.

To aspire to this ideal promises that at every turn you will learn something about yourself and your world.

Of course if you're interested in mind control it's probably a good idea to discuss the ethics of mind control. I'm not one to preach morality and no where in this book will you read how you should use mind control.

This is not a book on ethics and you can guess that there are plenty of people and organizations who have used this technology

with no concern about how it effects people. I know plenty of men who have used mind control to get laid. It's truly not that hard. The ones who are good at it can frame their actions so that the women involved understand that it's a way to give them the pleasure they will enjoy. In other words, they appreciate the effort made to seduce them. Others are not so skilled and would do better to remain silent about their actions and intentions.

Let me therefore recommend that you use what you learn here as if it were to be used on you.

So, if you aren't annoyed with mind control being used on you (believe me, it's being used on you *all the time*) and you're generally a happy person, then it's probably okay to do the same with others.

As a general rule if you decide to use mind control and you're motivated by anger or hurt it's very likely that you will hurt people in the process. Perhaps that's not a concern for you. So be it. Then you should be warned to never underestimate peoples desire to get even and change your actions accordingly.

As a final note, through all of this you may find it so enlightening that you feel it's worth sharing, especially with people close to you. One might believe that others will appreciate being awoken from their ignorance.

I dare you to try.

What you'll find is that sleep (metaphoric sleep) is the natural state of the mind. People will equate your efforts to awaken them as an attempt to change them. While people might not mind changing they resist being changed. Therefore it's best to keep you own counsel.

Do people need waking up? Of course, but let them to it in their own time. Till then it will be you and I who benefit from these insights.

The movie **The Matrix** offers an analogy. In the movie humanity was subjugated, through mind control, to serve a machine. If the reality were that you are an insignificant power source to huge world dominating machine, would you have swallowed the red pill as the main character, Neo, did, to be “woken up” and realize it?

*"We live on a placid island of ignorance in the midst of black seas of*

*infinity, and it was not meant that we should voyage far."*

-H.P. Lovecraft

### **The Intended Audience**

This opus is was written to appeal to a wide range of people who can apply it's knowledge in area of human interaction.

Your ambitions may vary as much as your interest, whether you seek would domination or to merely better your interpersonal communications this book will have something for you.

It's safe to say that the only person who will not benefit from applying this knowledge is the individual isolated from all human contact.

There have been many who've preceded you and from these people you, and anyone can learn. You can study them or use them as models of behavior. Who are these people? Martin Luther King Jr., Golda Meir, Fidel Castro, Alfred Hitchcock, Napolion Bonaparte, Salvador Dali, Alexander the Great, Indira Gandi, Anton Szandor Levy, Marlin Brando, John Wayne, Darth Vader, Don Vito Corleone and King Lear.

Welcome to the brotherhood.

# Introduction to Mind Control

To understand the process of mind control it's necessary to have a basic understanding of the individual human mind.

People make decisions on every level in a way that is unique to each of them. Those decisions are based on mental filters used to perceive themselves and their environment. These filters are best understood in the form of questions they ask themselves. Keep in mind that these questions are asked *unconsciously* therefore they are unaware of them but they can be deduced by their behaviors and reactions to events.

These questions are not the same for every context. A person makes major decisions about relationships based on the question "Would this person provide me with security?" but in the context of buying a car the question might be "Will it get me attention?" or vice versa.

These questions may be numerous and have a hierarchy of priority. For example determining whether to consider someone as a sexual partner may have to fulfill the following questions.

"Am I attracted to their appearance?"

"Do I feel safe with this person?"

"Can I see myself having sex with this person?"

"Can I see myself have sex with this person more than once?"

"Will I feel good about myself if I have sex with this person?"

and so on.

People will respond differently to the same situations depending on the questions (filters) they ask. One person facing the loss of a job may ask "What did I do wrong?" in which case they notice, find or create "**what they did wrong**". Another person in the same situation may ask unconsciously "How is this an opportunity for me?" and see the same situation as an **opportunity**.

Much to the amazement and amusement of many rational thinkers there is no end of people who habitually focus on the problems rather than the solutions to the things life throws at them.

Of course none of these questions are asked on a conscious level. Many of these questions/filters are so deeply ingrained that it may offend people if they are asked to consider the situation in any other possible way.

The degree you can direct a persons filters and the unconscious questions they ask themselves is the degree to which you can direct their thoughts and actions. In other words Mind Control. This holds true of the questions you ask yourself as well.

So, understanding this, you can start your journey of learning mind control by examining your own filters/questions that lead you to make decisions and, at the same time, observe the people around you as well.

A couple of filters/questions you to add to your own personal repetour for the purpose of learning mind control is “What can I assume is true of this person that's not overtly apparent?” and “How can I direct their attention to get my outcome?”

You'll be surprised how much you learn.

Mind control goes by many names, persuasion, seduction, manipulation, sales skills, politics, advertising and so on. The one thing that they all have in common is the desire to change peoples minds and behaviors.

Now, I ask you, is this common?

You bet it is. In fact it's one of the main functions of communication. Yes, even when you are talking to yourself (absent of any mental disorder) the reason you do it is to direct your thoughts, actions and behaviors.

The ugly truth is we use mind control every time we open our mouths to talk. While those two words “Mind Control” may have a grating ring to most of our ears it doesn't prevent it from being a fact of everyday life. Many people will violently deny that they use it.

***The more we try to deny how we use mind control  
the more ineffective we are at it.***

It's time to raise the phrase “Mind Control” from its improperly placed gutter and hold it up to examination as a simple fact of human nature. That means being truly honest about ourselves while keeping our intentions close to the vest.

Some might argue that honesty is the best policy.

As much as that is the ideal and few people will eagerly tell you otherwise, the opposite is usually true.

I was in a conversation with a close friend who expressed to me that, as much as he likes and admires me, he was concerned about my tendency to withhold and obfuscate information, telling me it is the main obstacle to what he considers my success.

There's no doubt that he believes what he says and that his intentions are well meaning but reality teaches a different lesson.

To prove it all one has to do is be completely honest about your intentions whenever you go on a first date. Perhaps you have visions of matrimony in mind with your date. Or perhaps your only goal is lead your date into an unrestrained expression of sexual debauchery. Either way it's very unlikely that you will achieve your goals by openly stating your intent from the start.

Truth, it seems, is a caustic and volatile chemical when added to most human interactions. When it's administered without restraint the only certain outcome is that the outcome will be uncertain. Thankfully, Truth is also very malleable and relatively safe when cautiously administered in deluded forms.

It's best then to be judicious with your expressions of true intentions and feelings until reliable response can be determined.

In the meantime we can look for evidence of how pervasive mind control is in our daily lives.

***“Judge a man by his questions rather than his answers.”***

~ Voltaire

## **Where is Mind Control Used? Everywhere!**

Here is a list of how mind control is used in everyday life:

- Motivating a child to eagerly perform better in school
- Create obedience to a religious or political figure
- Create a feeling of superiority towards one group
- Motivate a prospect to buy a specific product or service
- Create panic to sell a certain stock
- Instill trust in the authority that is speaking to you on the television
- Create contempt for the competition while establishing greater customer loyalty
- Bring in greater revenues
- Bring an attractive person into a romantic or sexual encounter
- Sell an undervalued product for a higher price
- Talk a cop out of a traffic ticket
- Make a spectator believe in psych abilities
- Cause someone to reevaluate their prior beliefs

The list can go on and on.

In all of these cases the controller clearly knows his or her outcomes and objectives.

It's safe to say that anytime you want something that involves motivating someone to do something or when people do something

without questioning why they are doing it some form of mind control is involved. Whether it's intentional or not. So we are using mind control all the time. Even the act of having your partner take out the garbage could not happen without some form of setup, conditioning and mind control. If you doubt it ask a stranger to take out your garbage and see what kind of compliance you get.

As you'll learn, mind control requires thinking on a higher level than the subject and veiling the strings of control with the everyday distractions of daily life. As one seeks to control the higher levels of hierarchy of power something interesting occurs. The visibility of the control becomes less obvious to the subject(s) as they become more involved with their day-to-day concerns.

Mind Control is everywhere. Once you realize the depth of mind control in your life your only option, outside of paranoia, is a calm, almost Buddha like all-knowingness that recognizes the ubiquitous presence of mind control and set out to use it to your advantage. While this mindset can be encouraged, no one can teach it. Only through patience, effort and a little suffering can you gain this invaluable perspective.

# Models of Mind Control

If mind control is about controlling the thoughts, emotions and actions of others there are several functional models that will help you do that.

To find out just how mind control creates the degree of compliance that one wants let's consider some common models of mind control.

## **Behavioral Modification/Conditioning Model**

As with every case of mind control the controller knows what he wants people to do and wants them to do it willingly and for, what they think, is their own reasons.

The Behavioral Modification/Conditioning Model works by a system of stimuli in the form of rewards and punishments based on the behaviors of the subject. So in much the same way one would train a dog to do tricks you can train a person to willingly take part in some action.

Behavioral Modification/Conditioning requires a series of steps that reward good behavior and punish bad behavior. But let's say you want your subject to steal some candy from a store (or worse). Using the behavioral modification model you would first reward them for "thinking creatively" outside the norm of social ethical behavior. After they have gotten used to **thinking** outside the norm, and you reward them at every turn for it, it's time to move to the next level. At this next stage rewards are given to for taking actions outside the norm but sanctioned within a social structure or group. College hazing is a good example. Each act the the subject performs that is outside the norm (but protected within the group) is rewarded, perhaps with a slap on the back or toast in their name.

With the proper conditioning at the final stage the subject is then told to go steal some candy. And when completed a rousing

party is held in their honor.

It wouldn't take much more than several of these exercises to have them do something even more malicious.

As for a punishment when an action is not taken. This could be something as mild as having members of the group scoff in disdain. They will also be given a choice to deal with the consequences of not acting as requested. This creates the illusion of free will.

To use the Behavioral Modification/Conditioning model skillfully and with stealth the controller must make the rewards huge and the punishments mild but memorable. This will prevent the subject from believing they were coerced in any way.

Scientology has a very thorough behavioral conditioning process they refer to as “The Training Routines” or “TRs”. The TR's are presented as a communication training at the very beginning of someones interest in Scientology. The TRs are a progressive set of exercises that lead the subject to instantly respond to a command that is given in what is called a “tone 40” voice. Once the subject learns to respond as asked in this way they can be easily told to take out their check book and enroll in the next training.

### **Hardwired Model**

In much the same way that a doctor may tap your knee and it reflexes with a jerk of the leg so too are there certain things we as humans are hardwired to respond. While this will be covered in more detail in the section titled **Appealing to Basic Human Responses** two examples of this are **The Need to Be Special** and **The Scapegoat**.

An example of **The Need to be Special** is in telling a subject that they are uniquely qualified for a task and appreciated for their skills and knowledge. The hardwired human response to this is one of agreement and a feeling of satisfaction.

**The Scapegoat** is the basic human need to know that our problems are not our fault even if in fact they are.

There is a great deal of talk among the human potential movement to “take responsibility for your life” and on a conscious

level it makes complete sense. If we look at our life as something that we are in complete control of we feel more empowered, will tend to act more decisively and be happier people simply because we choose it. Nonetheless, the world has other plans and will often throw us a curve ball that we didn't expect; people we trust will rip us off, we'll deal with bills and financial concerns and loving relationships will end. In all of these cases it's still a relief to know "it's not our fault". We will gladly take sides with strangers who will support us throwing stones at our enemies.

I was discussing this with a friend who eagerly agrees in the concept of "complete personal responsibility". When the topic turned to a problem he was having with a client I responded by lambasting the client expressing how it was all the clients fault and he was not responsible for the troubles. My friend was instantly appeased and showed his appreciation in my concern. I then told to him how I was using **The Scapegoat** on him and he immediately understood it's power.

**The Need To Be Special** and **The Scapegoat** are just two of the examples that show how we are hardwired to respond.

### **NLP Model**

NLP stands for Neuro Linguistic Programming. It's field of study that developed in the late 70's with two scientists, Richard Bandler and John Grinder.

They wanted to discover why certain therapists could deal with their clients and get very rapid results where other therapists seem to take months and years.

In doing this they discovered that there are certain mental processes we all go through to make decisions and to make changes. If someone (anyone) knows anothers process for making changes they just have to conform to that process and change will occur.

It's essentially having the road map to someones mind. With it you can guide the person to do a whole myriad of things without them even knowing what you're doing. As a result many people have applied NLP to sales and persuasion while others have applied it to seductions.

What makes NLP unique as a model of mind control in that it treats people as distinct individuals, not as a mass of hardwired robots. Meaning that each person has their own processes for change and these processes are unique to them.

The central key in using NLP as a mind control tool is to find ways to elicit peoples individual processes. These processes can be in the form of beliefs, personal assumptions, tendencies and values as well as their strategy for making decisions. Once you discover an individuals unique processes the doors are wide open for mind control.

### **Environmental Control Model**

The Environmental Control Model can be a lot of fun and a lot of work.

It requires that the controller take into account everything that the subject will experience so that they will naturally conclude exactly what the controller wants and, as a result fulfill the controllers objective without considering any other possibility or option.

It truly requires seeing a much bigger picture about what is happening.

Think of how magicians control the environment to have you believe the effect. A good magician won't tell you "This is an ordinary deck of playing cards." instead he will fan them for you and even have you handle them so that you conclude, *on your own*, what he wants you to believe. All the while the deck could marked, rigged or a prop of one sort or another.

To use the Environmental Mind Control model consider this phrase: **"No can resist what they can't detect."**

The Environmental Control Model is also a favorite of con men. If you are in a hospital parking lot and a man in a white coat with a stethoscope dangling out of his pocket, a name tag that says "Samuel Wallis, MD, Urology" asks for jumper cables to start his car you naturally assume he is a doctor. *More importantly, you don't assume he is not a doctor.*

The pentacle of the Environmental Control Model is movie

“The Matrix”.

For the people who lived connected to the Matrix everything was just as they thought it was with the worries and desires of everyday life. All the while they were protected from discovering they were nothing more than AA Batteries used to power a global machine.

To use the Environmental Mind Control model effectively, you must first ask what you want your subject to do and what to believe and then create the environment that will naturally make them conclude what you want. Doing this on a large scale can prove difficult because of the numerous variables one must control. On a smaller scale however it can be quite simple.

Take the example of going to a religious retreat. The participants are isolated from the rest of the world. No TV or newspaper. No cell phones or computers. They are then asked to remove their shoes and be silent when in certain locations as a sign of reverence. After doing this for a period of time it does not take much for them to begin to believe what they are told to believe.

A con man will also use isolation by making sure their mark is constantly occupied by their con man collaborators who's job is to make certain that the mark's attention is continually directed exactly where they want it.

These are merely models of mind control not the techniques and tactics. As models they provide hint at the possible strategies that make mind control possible.

The next chapter will cover how mind control, and their techniques and tactics, have been used on a historical basis.