

An Interview With JK Ellis

JK Ellis is the name of a self-proclaimed expert on Mind Control. His controversial blog <http://Mindcontrol101.blogspot.com> has created a small cult following among those who seek and fear the power of mind control.

This interview took place in February 2006.

William Mathis – JK, you're a very difficult person to get in contact with.

JK Ellis - Yeah, I learned a long time ago that telling people that I teach mind control can be dangerous. As a result I decided that if I was going to be open about what I know I darn well have to cover my ass. You got lucky. I was in a good mood.

WM – I'd like to point out that to do this interview we had to agree not to discuss certain details about you.

JKE – I appreciate that.

WM – What have been some of the consequences of you talking about mind control?

JKE – On the good side, I've had the benefit of being approached by certain people who say they represent “government interests”. That was interesting. So I got exposure to a few things most people suspected were true but could never confirm. On the down side, hate mail of course, and accusations that I've helped brainwash someones kid. But that's par for the course.

WM – When did your interest in mind control start?

JKE – It started with books. There are plenty of them, some good, some crap. I've taken a lot of fluffy bunny hypnosis courses. When I heard about NLP a long time ago I started to take my suspicions seriously that people could be dramatically influenced through covert means.

WM – What did you do?

JKE – I took a lot of the NLP trainings from some big names and I tested it out for myself. Made a huge number of mistakes and found out what works. I did hypnosis for a while. I'd also go out in social settings and see what I could get away with using conversational techniques. That taught me a lot.

WM – Who did you train under?

JKE – I'd rather not say.

WM – What's your biggest discovery?

JKE – That it's better to leave some people alone. Their too much bother.

WM – What do you mean?

JKE – When I was testing out my theories I was pretty indiscriminate. I would try something with just about everyone I met. I'd get some sex crazed woman banging on my door at some god awful hour demanding my attentions. Since then I've learned to qualify anyone I work with. I want to make sure they have some emotional stability and that all their ores are in the water. When I figured that out it saved me a lot of misery.

WM – How do you qualify them?

JKE – I talk to them a while. There are a set of red flags that come up if they seem crazy. Things like abusive childhood, drug addiction. Let's see, if it's a married woman who wants to use me as an escape capsule from a bad marriage. Rigid thinkers. That's a few.

WM – Who does make a good prospect for you?

JKE – If they are adventurous. A good sense of humor. Curious. I've found that if their fathers called them “princess”. These tend to be good signs. But I take each person on a case by case basis.

WM – How do you think?

JKE – (laugh) That's a good question. God, where do I start?

WM – Well, how do you deal with things when shit happens?

JKE – I'm pretty jaded. I've managed to eliminate most surprises when people act out and stuff like that.

WM – How did you do that?

JKE – It took a while. I've been through a lot of shit. Under the worst of stresses most people would either put up walls to protect themselves or curl up in a fetal position. I decided to apply what I knew about mind control on myself and become more flexible when BS happens.

WM – What does surprise you?

JKE – The only thing that truly surprises me is when someone is truly kind, genuine, giving and forgiving. I'm never ready for that.

WM – Do you have a lot sins to be forgiving?

JKE – Don't we all? Some more than others?

WM – Have you met many people who surprise you like you describe?

JKE – Not many. They are like a rare jewel in a coal mine.

WM – JK, You write a lot about cults and especially how to form one. What's your person experience with cults?

JKE – I've been through some of the personal growth seminars like Landmark Forum. That had some

value to it. I lived in Europe for a while and sided up with a guy named Marco who had a house of about five to seven women. They would rotate in and out of his house sort of like a poorer version of Hugh Hefner. He boasted himself as a psychic but when he got drunk he would tell me some of his secrets. He used psychic reading and hypnosis to keep his house of women happy. I got interested in Scientology for a while because they talked about controlling how you think but that quickly fell away when they began telling me how much it would cost to get “clear”. So I decided to see how far I could infiltrate the organization just using what I know.

WM – Did it cost you a lot of money?

JKE – Less than I thought. I'd just move to a new city and decided to walk in to one of their orgs as a trained auditor.

WM - What did you learn from your Scientology experience?

JKE – It confirmed what I suspected. That most people are easier to control than they want to believe. I did learn about their “training routines” first hand and saw how damned pliable people will become by going through “the gradient” of routines. It was something else.

WM – How do you think the people close to you see you?

JKE – Seriously, I'm a nice guy! I try to make sure that the people around me are as happy as possible. Knowing what I do I can't be open about controlling peoples minds. So I would guess that some people think of me as a “man of mystery” and, I have to admit, that it's a façade that I've tried to cultivate.

WM – What's your biggest annoyance?

JKE – I'd say it's peoples eagerness to blame and find excuses for their lives. Look, I'm the first to tell anyone that shit happens. There is a lot of things in life that are completely out of our control. There's nothing that we can do about it. But we do have one area where we can take control and that is how we respond to the shit that happens. I get a bit annoyed when I see people having some knee jerk emotional reaction over something that seems trivial. On the other hand, it's sort of amusing, like watching monkeys throw feces. They have no idea that they could choose a better response.

WM – What do you do when they do that with you?

JKE – I've got an air of smugness that I try to suppress. I stay calm, ask good questions and do my best to help them find a solution. I find a lot of people would much rather complain about the problem than work on a solution, so I let them vent. Monkeys throwing feces, remember?

WM – Any new mind control projects you're working on?

JKE – I'm always working on something. Whether I make it available to the general public is another matter.

WM – Okay, well, what' the latest.

JKE – I'm calling it “Perfected Mind Control” or PMC for short. I'm looking at the stuff that Robert J. Lifton wrote about in the 1960's on thought reform and old style brainwashing techniques that force

people into compliance. I'm wanting to systematize a process I've developed that get the same results as traditional mind control but without any coercion or punishments. I want the people in the cult to be happy, healthy, and eager to please with no hint of intimidation or fear. It's a tall order.

WM – Have you tested it?

JKE – Oh yeah! With some great results but I'm wondering if the world is ready for me to present it.

WM – How come? What's your main concern?

JKE – Mostly that someone will not follow the instructions. My concern is that some hormone filled college student will think he's going to create his own harem using it and not correctly qualify the women he tries to recruit. It's a recipe for trouble.

WM – So you say you've tested it. What did you learn?

JKE – I learned a creative way to let people leave the cult that causes minimal discomfort. In fact they are not shunned and often take refuge from the world by returning for a while. So I think I've come across a nice way of doing what most people think of as mind control but without the so-called “bad” aspects.

WM – What is your private life like.

JKE – I'd rather not say.